

Take a Moment for Shabbat Mishpatim

January 28th-29th, 2022

Our Mission: Jewish Free Loan provides interest-free loans to Arizona's Jewish community.

Take a Moment

Shabbat is a time to take a moment, reflect on the past week and prepare for the week to come. We hope you will mark this special Shabbat with us by reflecting on the words of parsha Mishpatim and the impact Jewish Free Loan has on our community. Similar to the practice of Shabbat, JFL strives to help our clients take a moment and prepare for what can be accomplished without the burden of financial stress.

Mishpatim is the parsha in the Torah from which the work of Jewish Free Loan is derived:

"Thou shalt not exact interest from the needy among you." -Exodus 22:24

Together, we can help transform lives through interest-free lending.

Meet Chef Leonard: A JFL Borrower



"I am a chef and was working for a large catering company prior to the pandemic. Suddenly, there was very little business with no sign of relief in sight. Luckily, I was able to receive some unemployment benefits and stay afloat, but I noticed that many of my colleagues were suffering. I saved as much as I could in the hopes of being able to pay it forward. I began building a pizza truck to allow others who needed work to come together and have a source of income. This became a costly venture with many obstacles until I came across an ad for Jewish Free Loan in the Jewish News. I knew it was time to reach out to my community.

With the help of JFL I was able to complete the food truck and employ a few individuals to help run the business. Now we frequent the Scottdale North Farmers Market and the DC Ranch Farmers Market with the Mobile Mini Pizzeria. I was also able to start takeawaygourmetfor2.com as a food delivery business. Thank you JFL!"

-Chef Leonard Paller

Facebook & Instagram: @TheMobileMiniPizzeria www.takeawaygourmetfor2.com

Shabbat & Tzedakah

Tzedakah is the Hebrew word for *justice*, but is often interpreted as the word *charity*. It is customary to engage in an act of **Tzedakah** before welcoming Shabbat.

In honor of Shabbat Mishpatim, please consider making a donation to support interest-free lending!

Visit: www.jewishfreeloan.org/Mishpatim2022

Shabbat Mishpatim Candle Lighting & Havdalah

<u>Shabbat Begins:</u> Friday, January 28th, 2022 | Shevat 26, 5782 5:38pm MST

Shabbat Ends:

Saturday, January 29, 2022 | Shevat 27, 5782 6:36pm MST

Chef Leonard's Italian Inspired Shabbat Recipe

Ingredients:

- 1/2 lb. Day-Old Bread (soaked in almond milk for 10 minutes)
- 51/2 lbs. Ground Beef Chuck
- 4 Tbsp. Italian Seasoning
- 4 Tbsp. Oregano
- 4 Tbsp. Fresh Minced Garlic
- 1 Tbsp. Salt
- 1 Tbsp. Black Pepper

Directions:

First, squeeze the almond milk out of the bread and break up into medium sized pieces. Combine the meat, wet bread, seasonings and salt & pepper in a bowl. Once the mixture is combined, refrigerate for 20 minutes. Remove the mixture from the refrigerator and roll into approximately 25 balls, each about 2-3 inches in size. Place the meatballs on a sheet pan and bake at 350°F for 30 minutes or until internal temperature reaches 165°F Halfway through cooking, rotate the pan and turn over the meatballs. Once done baking, boil the meatballs for 3-5 minutes. Last, place in a pot of marinara sauce and heat throughout. Season to taste.

For information about prayers, rituals and for more recipes, please visit:

www.jewishfreeloan.org/Mishpatim2022

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